



**PHSD**  
NEWSLETTER  
9-21-21



## PHSD Weekly Update

### FIRST STUDENT NEEDS BUS DRIVERS!

SEE PG 6 FOR MORE INFO



### PHES PICK-UP/DROP-OFF PROCEDURES

Student safety at school is our first and most important priority. We are working hard this year to continue to establish systems with this goal in mind in our parking lot before and after school.

First Student Transportation is the district transportation provider. Thank you for being flexible with the schedule they have provided. First student tries their best to estimate what time your child will be picked up or arrive home each day by providing you with 5-minute window as to when a bus can be at your stop.

If you have transportation questions/concerns, please contact First Student at 541-688-0454. If your concerns are not addressed, please feel free to contact Principal Stoneberg, at 541-736-0400, as well.

SEE PG 5 FOR MORE INFO

### LATEST UPDATE FROM SUPERINTENDENT LINENBERGER

SEE PG 2

#### Side Notes:

PG 4: OSAA  
Regulations Update

Pg 5: Bus info from  
PHES & First Student

Pg 6: Isolation &  
Quarantine Info

Pg 8: New PHSD  
Program – ElRod  
Center

#### IMPORTANT REMINDER:

Face Covering Dos  
and Donts (LINK)

# SUPERINTENDENT LINENBERGER'S LATEST UPDATE

Dear PHSD Community:

As you may be aware, for the week of September 13-17, PHSD sent out a couple of general notifications informing you that we had one elementary and one secondary student who had been on campus while having Covid-19. Our process was sent through e-mails and phone notifications to give you this update.

For those individuals whom we deem as a positive for Covid-19 or a close contact to someone who has Covid-19, PHSD protocol is call and send an e-mail specifically for your student.

The Eugene Register Guard ran an article this past Sunday, September 19<sup>th</sup>, written by Jordyn Brown which explains the process that we use here in the PHSD. I am using the article's format to help answer some questions.

## **What is contact tracing?**

Contact tracing is a method to track the spread of a virus — in this case, Covid-19. When a person tests positive for Covid-19, PHSD works with the Lane Public Health Authority (LPHA) to identify others who may have been exposed to the virus based on when and how long they were with the person who tested positive and how physically distanced they were. The people possibly exposed are contacted so that they are aware and can take precautions.

## **When does it happen?**

Public health officials, and now schools, will notify someone if they have been in close contact with someone who tested positive. LPHA and the Oregon Health Authority (OHA) classifies a "close contact" as someone who was within 6 feet of an infected person for a total of 15 minutes or more over a 24-hour period. In a school setting, 6 feet is the standard for adults, for students it is 3 feet.

## **Are schools required to do it?**

Under the Oregon Department of Education's new framework for the school year, there are very few requirements, but a lot of recommendations or strong advisories. Schools are required to have masking and for all employees to be fully vaccinated, under direction of Gov. Kate Brown, for example.

More information can be found on the Oregon Department of Education's Ready Schools, Safe Learners page, the Oregon Health Authority's COVID-19 page and at the Pleasant Hill District Website. Click on "Updates" "Blueprints, Plans & Assessments" and "Resources & FAQ" for more information.

ODE "strongly advises" schools should keep "a system for maintaining daily logs for each student/cohort for the purposes of contact tracing" and that the system should be made in consultation with a school or district nurse or a public health official.

### **Who's in charge of it in schools?**

It varies depending on the school district. For PHSD building administrators and our school nurse will reach out to the superintendent who works directly with the LPHA.

### **Will students have to quarantine, isolate?**

The short answer is- it depends.

PHSD is aligned with the county public health guidance. The guidance varies depending on how susceptible the people in question would be to the virus — in other words, whether they are vaccinated.

Once someone is found to have Covid-19 in a school, people who had contact will likely have to stay home, at least for a short while, so parents should plan for that.

School district contact tracers work to identify who was a close contact. If those people were unvaccinated and exposed to the infected person, they are directed to quarantine for 14 days from the last date of exposure.

Under current direction from Lane County Public Health, people who were exposed but are fully vaccinated for Covid-19 do not need to quarantine if they are asymptomatic and have not had a positive Covid-19 test. These individuals should seek testing in 3-5 days from the last day of exposure and test negative for Covid-19.

In regards to the two positive cases we had on campus during the week of September 13-17, working with our families and LPHA, we determined there were 24 individuals who were in close contact. Eight of those individuals are fully vaccinated, asymptomatic and were able to stay on campus.

Please look for weekly updates as we continue to work our way through this pandemic.

Respectfully:

S.A. Linenberger

Superintendent

Pleasant Hill School District



# OSAA

## UPDATES & GUIDELINES

Parents/Guardians, Families & Billie Fans

The health and safety of our student-athletes, fans, and staff remains a top priority here at Pleasant Hill and it is important to share some reminders about safety procedures in place at our athletic events. These protocols have been mandated by the Oregon Health Authority and the OSAA. We appreciate your commitment to supporting our student-athletes.

As a reminder, the public health guidelines [OAR 333-019-1025](#) are as follows:

**Outdoor Events - Face Coverings:** Spectators (5 years or older) are required to wear a mask, regardless of vaccination status, at outdoor practices and competitions in which individuals from different households are unable to maintain 6' of physical distance or when actively eating or drinking, per direction Lane County Public Health.

**Indoor Events - Face Coverings:** Spectators (5 years or older) are required to wear a mask, regardless of vaccination status, at indoor practices and competitions except when actively eating or drinking.

OSAA DIRECTOR'S  
MESSAGE REGARDING  
**STATE CHAMPIONSHIPS  
AND SCHEDULING**  
([LINK HERE](#))

VISIT THE **BILLIES**  
**ATHLETICS WEBSITE**  
FOR SCHEDULES,  
UPDATES, OR TO  
REGISTER AN ATHLETE



## Parent Drop-off/Pick-up

**Drop-Off Times:** 7:45 - 8:00am - Students should arrive no earlier than 7:45am unless previous arrangements have been made

**Pick up Times:** 2:15p Mon-Thurs; 1:25p Fri.

### **Locations:**

- K /1 students in the front of the school
- 2 / 3 students in front of the library
- 4 /5 students in front of the community center

\*Drop off/pick-up all students in the location of the youngest student in your household.

- Stop long enough to drop students off along the curb and move on.
- Do not double park...this causes traffic jams and requires students to walk through the parking lot to get to the curb.
- When parking, please walk your students to or from the sidewalk.
- **DRIVE SLOWLY** through the parking lot...watch for students and families who are walking in the parking lot.
- Students report directly to their classrooms at 7:45 a.m.
- Notify your child's teacher & the office with changes in your child's drop off or pick up routine prior to 1:30 pm

## First Student Bus Rules

- Have face covering on before the bus pulls up arrives. Keep your face covering on while on the bus.
- Please immediately go to your seat, and remain seated until you get to school/home.
- No playing, touching, or moving around to sit with other students on the bus
- The driver will let you know when you can stand up to exit the bus.

Buses are cleaned after each route. All seats and high touched areas are cleaned with a disinfectant.

The Drivers at First Student are looking forward to being a part of keeping everyone safe and healthy this school year.

**First**  **Student**

**WE NEED DRIVERS**

AND SO DO THE CHILDREN OF OREGON



At First Student, our Drivers are an integral part of the communities they serve. They are committed to safety, customer service and have genuine, caring attitudes for children. We are your friends, family, and neighbors!



Pleasant Hill, Oregon - 541-688-0454 ext 307

[www.WorkAtFirst.com](http://www.WorkAtFirst.com)

## QUARANTINE



### WHAT IS THE DIFFERENCE?

IF YOU WERE EXPOSED TO COVID-19 BUT DON'T HAVE SYMPTOMS, YOU WILL BE ASKED TO QUARANTINE

#### WHY?

TO AVOID SPREADING THE VIRUS BEFORE YOU KNOW IF YOU'RE SICK



#### HOW?

STAY HOME AND AVOID CONTACT WITH ANYONE WHO IS NOT A HOUSEHOLD MEMBER.



#### SHOULD I GET TESTED?

CONTACT YOUR HEALTH CARE PROVIDER FOR A TEST IF:

- YOU DEVELOP COVID-19 SYMPTOMS, OR
- YOU WERE IN CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19, OR
- YOU ARE EXPOSED TO MANY PEOPLE WHERE YOU LIVE OR WORK.

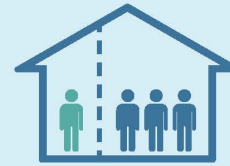
IF YOU TEST POSITIVE FOR COVID-19 OR DEVELOP SYMPTOMS DURING QUARANTINE, YOU NEED TO ISOLATE. → → →

#### QUARANTINE ENDS:

14 DAYS AFTER YOUR LAST CONTACT WITH A PERSON WHO HAS COVID-19.

IF YOU DEVELOP SYMPTOMS, YOU NEED TO ISOLATE TO AVOID INFECTING OTHERS.

## ISOLATION



IF YOU TEST POSITIVE FOR COVID-19 OR HAVE SYMPTOMS, YOU WILL BE ASKED TO ISOLATE

#### WHY?

TO AVOID SPREADING YOUR ILLNESS.



#### HOW?

STAY HOME AND AVOID CONTACT WITH OTHERS, INCLUDING HOUSEHOLD MEMBERS. STAY IN A SEPARATE ROOM AND USE A SEPARATE BATHROOM, IF POSSIBLE.



#### ISOLATION ENDS:

1. WHEN AT LEAST TEN DAYS HAVE GONE BY SINCE YOUR SYMPTOMS FIRST APPEARED, OR YOU TESTED POSITIVE.



AND

2. AT LEAST 24 HOURS AFTER FEVER IS GONE WITHOUT USING MEDICINE.

AND



3. AFTER OTHER SYMPTOMS HAVE IMPROVED (FOR EXAMPLE, COUGH OR SHORTNESS OF BREATH).

FOR MORE INFORMATION: [LANECOUNTY.ORG / CORONAVIRUS](https://www.lanecounty.org/coronavirus)

• IF YOU WERE A CONTACT OF SOMEBODY WHO TESTED POSITIVE FOR COVID-19 CALL (541) 682-1380, 10AM-4PM

• IF YOU TESTED POSITIVE FOR COVID-19 CALL (541) 682-4041, 8AM-5PM




**PUBLIC HEALTH**  
PREVENT. PROMOTE. PROTECT

# What Is A Face Covering?


Face covering means a cloth, polypropylene, paper or other face covering that covers the nose and the mouth and that rests snugly above the nose, below the mouth, and on the sides of the face.

The following are not face coverings because they allow droplets to be released:

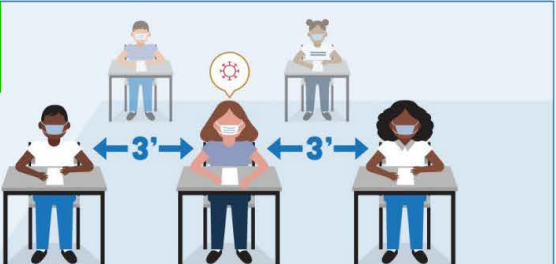

- A covering that incorporates a valve that is designed to facilitate easy exhalation
- Mesh masks
- Lace masks
- Other face coverings with openings, holes, visible gaps in the design or material, or vents





### UNIVERSAL AND CORRECT USE OF FACE COVERINGS KIDS LEARNING IN-PERSON, WHICH WE ALL AGREE IS BEST FOR STUDENTS.





*Face coverings mean more days in school for students.*




When students are at least 3' apart and everyone is wearing a face covering, students who are in close contact with someone with COVID-19 **don't need to quarantine** unless they have symptoms.



Without face coverings and at least 3' of distance, students in close contact to someone with COVID-19 **will need to quarantine, and miss school days**. This could include all members of the stable small group (cohort).



If no face coverings are worn and students do not distance, it becomes more difficult to track close contacts. Exposure to a confirmed case can compound when students shift to new classrooms or visit other indoor spaces in the school, such as the library or gym. This could lead to quarantining of full grades or full school closure.



OREGON  
DEPARTMENT OF  
EDUCATION

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We are excited to offer a new service for your children this year. We have partnered with ElRod Center, a youth mental health clinic, to offer short term, therapeutic services to students. We understand that coming back to school has been difficult for some of our kids and we want to help them start the new school year off right.

ElRod Center is a board certified, youth based, mental health clinic in Eugene. Their counselors will be available on school campus during the day to see students. Sessions will be 30-60 minutes and are designed to help kids work through any feelings or concerns. We expect students who sign up with ElRod to attend 3-6 sessions over the course of as many weeks.

All of these services will be provided free of charge and during the school day, meaning that parent's won't have to drive their children to sessions. If one of our school counselors thinks that a child would be a good candidate for this program, they will send home a document for the student's parent to sign, allowing ElRod Center to work with their child. A PDF version of the permission form will be available [here](#) for parents to electronically sign and email back to [info@elrodcenter.org](mailto:info@elrodcenter.org) so their children can be included in the program should the need arise in the future.

We are excited about the 2021-22 school year and want to give our students the best chance of starting the year off right. We believe if we give children an opportunity to talk through their concerns and fears they will respond and create a better experience for themselves at school.